

Congratulations to School of Counseling graduate student on article publication

Rachel Bell, a Ph.D. student in the School of Counseling, published an article titled, “Mindfulness in the Clinical Classroom” in the September/October 2018 edition of Family Therapy Magazine. The publication is regarded as the flagship magazine for the American Association for Marriage and Family Therapy.

In Bell’s article, she describes her own journey of using mindfulness as a clinician, and how infusing mindfulness into teaching clinical trainees can help develop a congruent learning. Environment.